

OCTOBER
2023
VOLUME 21

Newsletter

CHALET MALOUIN



50/50 Tickets: The current fundraiser for the Chalet Malouin is the sale of 50/50 tickets.

Tickets are \$5.00 each or 3 for \$10.00 and are available at the Admin Office until December 19th. Please also watch for our tickets to be on sale at various upcoming events, including the Chalet AGM & Fall Supper. This fundraiser is for facility upgrades – including: a new wheelchair/family washroom, more automatic doors and renovations to our front entrance to eliminate the cold winter North winds that come into our dining hall and to also fix our crumbling sidewalks.

The Chalet is always looking for opportunities or events to fundraise and sell our tickets.

If your family would like to assist with selling 50/50 tickets or are part of an event that we could sell our tickets at – please contact the Manager, Sheryl St. Hilaire at 204.347.5753 or via email: Director@chaletmalouin.com.

We thank everyone for your on-going support!

Chalet Malouin Fundraiser Fall Supper: Sunday, October 22nd, 2023 – 4:00pm to 6:30pm.

Meals must be pre-ordered by October 17th by calling the Chalet Admin Office @ 204.347.5753. (See attached poster with details)

If you would like to volunteer to help us prepare for our annual Fall Supper, please call Sheryl at 204.347.5753. We always need help with preparing meatballs, peeling potatoes, making tourtieres (meat pies), etc. Thank you!

Elections Manitoba: Elections Manitoba will be setting up a voting poll on October 3rd for on-site voting. This poll will be available for Chalet Malouin residents only. Residents may attend this poll (in the dining hall) to vote between the hours of 8:00am and 11:00am.



Fall is finally here! Cozy sweater weather, the smell and sight of the leaves turning beautiful colors, the many fall suppers - Definitely my favorite time of year!

*Sheryl St. Hilaire,
Managing Director*

News and updates

Trick or Treat on St. Hilaire Street: October 31st - Halloween will be on a Tuesday this year. As in previous years, the Chalet residents will hand out Candy at the front main entrance only. Please let the Chalet Admin office know if you would like to donate candy or be a volunteer to hand out candy from our main entrance on Halloween.



Chalet mini-Craft Sale: Once again, we are hoping to hold a mini-craft sale at the Chalet Malouin for residents only. We are hoping to plan this for the end of November. More details to come!



SCHEDULE		
MANOIR ST-PIERRE <i>Tuesday</i> 7 pm - 9 pm	REPOS JOLYS <i>Wednesday</i> 2 pm - 4 pm	CHALET MALOIN <i>Wednesday</i> 7 pm - 9 pm
2023		
May 2	May 3	May 3
Jun 6	Jun 7	Jun 7
Jun 27	Jun 28	Jun 28
Aug 1	Aug 2	Aug 2
Sept 5	Sept 6	Sept 6
Oct 3	Oct 4	Oct 4
Nov 7	Nov 8	Nov 8
Dec 5	Dec 6	Dec 6
2024		
Jan 2	Jan 3	Jan 3
Feb 6	Feb 7	Feb 7
Mar 5	Mar 6	Mar 6
TEL. 204-433-7729		



Reading and Socializing Have Proven Health Benefits

- Lower blood pressure
- Reduce insomnia
- Increased relaxation
- Lower stress
- Strengthen brain function
- Lessen depression

La lecture et la socialisation ont des effets bénéfiques avérés sur la santé

- Abaissier la tension artérielle
- Réduire l'insomnie
- Diminuer la dépression
- Diminuer le stress
- Renforcer les fonctions cérébrales
- Augmentation de la relaxation

Funded by the
Government of Canada's
New Horizons for Seniors Program





Did you know that the Chalet Malouin accepts donations of all kind (including cash or cheque)?

The Chalet is always looking for the following gently-used items:

- Books, Puzzles, Games, Crafts
- Book cases, armoires, plastic-covered or leather-type chairs, small tables, home décor, etc.
- Outdoor furniture & décor
- If you have something you think we “might” need – just give us a call to confirm!

Any donation to the Chalet Malouin will receive an official Donation receipt for tax purposes.



Non-residents can order meals from the Kitchen 7 days per week. Meals must be ordered before 10am (same day) by calling 204.347.5210

Full meal prices are: Breakfast - \$8.00, Lunch \$10.00, Supper \$13.00

Menus are changed weekly and can be obtained through our website or by calling the kitchen directly at 204.347.5210. Please note: Menu items MAY change last minute due to availability or delivery errors.



The Chalet Malouin will rent out our activity room to non-Chalet residents? We charge a basic rental fee of \$50.00 for 1 to 4 hours – this includes, tables, chairs, dishes and access to the activity area kitchen with fridge, stove, microwave. (An additional fee may be added should you wish to reserve the area for an extended period of time)

A \$20.00 fee is requested if you would like the Chalet to supply Coffee, Tea, Cream and Sugar for your event.

A \$50.00 refundable security deposit is requested if you would like access to the shuffle board and pool table.

We simply ask that the room and any dishes be cleaned and left the way you found it.



ST. MALO FALL SUPPER

Sunday, October 22nd, 2023

4:00pm to 6:30pm

Meals must be pre-ordered & picked up at

Chalet Malouin (Drive-through only)

14 St. Hilaire Street, St. Malo, MB

~ No dine-in ~

Please call the Chalet Office

@ 204.347.5753

by Wednesday, October 18th to reserve your meal(s)

\$20.00 per plate

~ Payable upon pick up ~

Tourtiere (meat pie), meatballs & gravy, ham,
mashed potatoes, vegetable, bun and dessert

~ A fundraiser in support of the Chalet Malouin Inc. ~



Fundraising for what? What are we working on?



- New wheelchair washroom : We are currently obtaining quotes to develop a new wheelchair/family washroom in the front dining area. Although the current washrooms are large – they are not fully wheel-chair accessible. We hope to have this new washroom completed by the New Year.
- Automatic Doors: As many are aware, there is still much work to be done with the automatic doors. Having one automatic door on many of the 2-door entrances is somewhat redundant and we are working hard to raise more funds for the additional doors. We are also looking for a reputable company to complete this project – a company who will also provide timely service repairs when required. Delays with repair parts is still an issue with the first set of doors that were installed last summer (we are hoping to eliminate much of the same further frustration)
- Front-entrance solution: The Chalet is also obtaining quotes and ideas on how to properly resolve the chilly front entrance issue (North wind coming into the dining hall). This has been a very long on-going issue and management would like a guaranteed solution, and therefore, we are taking time to review each idea and quote very carefully to ensure our funds are well-spent for an actual solution (and not just a temporary band-aid solution).
- Sidewalk fix: The sidewalk in front of our building is beginning to crumble in places and is definitely needing a fix. We are obtaining quotes on this.

Changes in Rent:

Please be advised that the Chalet Malouin's Tenant fiscal year (for rent purposes) has changed from renewing on November 1st to now renewing on January 1st . These new dates will now align with the provincial Rental Tenancies Branch.

Effective January 1st , 2024:

- Please be advised any rent discounts previously provided from MB Housing will no longer be offered
- Any rent increases will be effective January 1st, 2024.

Letters will be going to all residents the first week of October regarding any changes in January rent.

Please note that 'Rent Assist' can be re-applied for to compensate for any eliminations of the MB Housing discount and/or increases in rent. Please stop in to the Services to Seniors office (located in the Chalet) and speak with Sherisse Harder, or stop in to our Admin Office to speak with the Chalet Malouin Manager -Sheryl St. Hilaire to discuss further. Reminder Note: MB Housing Discount amount is NOT the same as MB Subsidy amount.



You are so very VERY kind!:

Thank you to our resident, Mme Jeannette Courcelles for the beautiful donation of the two potted yellow Chrysanthemums located at the front entrance of the Chalet Malouin. Mme Courcelles had also donated 2 beautiful hanging flower baskets for our courtyard this summer. Your flower donations are GREATLY appreciated and make all of us smile! Merci Madame!

Thank you to our Board of Director, Rick Chubey, for picking up our new 65" television for the Lorette Courcelles family room. We did some fundraising via our Garage Sale and Silent Auction earlier in the year to allow us to purchase this television. We hope to eventually make more changes to this room to make it more user-friendly.

Thank you to Jan Jebesen – our amazing volunteer. She purchased a bunch of new 500piece and 1000piece puzzles for our seniors to enjoy themselves with. She also donated a bunch of beautiful paving stones to the Chalet. We cannot wait to use these stones in the Spring for a new flower bed or two! With much appreciation- Thank you!!!

Thank you to June Beaudoin – another one of our amazing volunteers. She was very kind to donate 2 wheelchairs and a beautiful leather recliner to use in our Lorette Courcelles family room. She also donated some VERY beautiful outdoor lighted Christmas décor for the Chalet Malouin – Thank you! Thank you! Thank you! June is moving away and we will definitely miss her!

Thank you to Lil' Steps Wellness Farm for visiting our residents at the Chalet Malouin. The visits from the furry farm friends have been very much enjoyed by all and put very BIG smiles on everyone's faces!



AGM Results:

Thank you to all Members & volunteers who joined us at our Annual General Meeting held on September 27, 2023.

We wish to thank Joelle Regnier from Talbot and Associates for joining us and providing a very good summary of the Chalet Malouin's Financial Statements.

We are VERY appreciative of Marie-Lynne Catellier for her 2 terms of service on our Board. Our constitution states that a board Member must take one year off after serving 2 consecutive 3 year terms. She has been a very knowledgeable and supportive Board President. We are thankful that Marie-Lynne has accepted to stay on as a Member of the board "at large" until a suitable replacement can be found. "At large" means that Marie-Lynne will not have any specific duties unless assigned by the new Chairman (President) of the board but still has the same rights and responsibilities as other board Members.

It was also voted and accepted to reduce the number of Board Members from 9 to 7 members.

The evening concluded with some changes to the Board as follows:

President: Agnes E. Gosselin

Vice President: Maxine Morin

Secretary: Christina Lambert

Directors: Claudia Hince, Rick Chubey, Monique Mayner

Member of the Board "at large": Marie-Lynne Catellier

Managing Director: Sheryl St. Hilaire

Dolorès nous raconte.....



Dolorès Gosselin est une grand-mère métisse francophone de la Rivière-Rouge. Elle a un gros et un petit tambour et est conteuse. Elle pratique l'art du tambour de guérison et officie des cérémonies traditionnelles. Dolorès raconte ses histoires et dirige des exercices de réconciliation. Elle est aussi auteure de 3 livres d'histoires avec leçons de vie!

Venez causer avec Dolorès
le jeudi 19 octobre 2023 à 7 h 30
au Centre Jean-Desrosiers
Entrée libre
Présenté par le Comité Culturel de St-Malo

October

2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 1:00 Bible study	3 10-10:30am Exercise with Lucie Catellier 1:30 Chair Exercise 2pm Bingo	4 1:00 Bonfire outside <small>**weather permitting**</small> 7-9pm Reading/socializing	5 10am Exercise 1:30 Chair Exercise 2pm Bingo	6 1:00 English Mass	7
8	9 Thanksgiving Day (staff off)	10 10-10:30am Exercise with Lucie Catellier 1:30 Chair Exercise 2pm Bingo	11 Lunch outing to Vita Friendship Center (please sign up)	12 10am Exercise 1:30 Chair Exercise 2pm Bingo	13 1:00 French Mass	14
15	16 1:00 Bible study 2:00 Bake cookies	17 10am Exercise 1:30 Chair Exercise 2pm Bingo	18 2:00 Birthday Party (George & Denise Perron singing)	19 10am Exercise 1:30 Chair Exercise 2pm Bingo	20 1:00 English Mass	21
22	23 1:00 Bible study 2:00 Bean bag toss	24 10am Exercise 1:30 Chair Exercise 2pm Bingo	25 2:00 Horseraces	26 10am Exercise 1:30 Chair Exercise 2pm Big Bingo!	27 1:00 French Mass	28
29	30 1:00 Bible study	31 Halloween party 2:00 **NO BINGO TODAY**				